Sure, here is a travel guide of Lanciano, Italy:

- **Location:** Lanciano is a municipality in the province of Chieti, Abruzzo, central Italy. It is located about 120 kilometers (75 mi) east of Rome and 40 kilometers (25 mi) west of Pescara.
- **History:** Lanciano has a long and rich history dating back to the 4th century BC. It was an important Roman city and was later ruled by the Byzantines, the Lombards, and the Normans. In the 12th century, Lanciano became a free commune and was a member of the Hanseatic League.
- Things to do: Lanciano is home to a number of historical and religious attractions, including:
 - The Sanctuary of the Holy Face (Santuario del Miracolo Eucaristico), which houses the relics
 of the Miracle of Lanciano, a 7th-century miracle in which a priest's host and wine
 miraculously turned into flesh and blood.
 - The Cathedral of Santa Maria del Ponte, a 12th-century cathedral with a beautiful Romanesque façade.
 - o The Church of San Francesco, a 13th-century church with a Gothic interior.
 - o The Lancianovecchia district, a medieval quarter with narrow streets and old buildings.
- Food and wine: Lanciano is home to a number of traditional Abruzzo dishes, including:
 - Spaghetti alla chitarra, a type of pasta made with a special chitarra-shaped instrument.
 - o Arrosticini, skewers of grilled lamb or mutton.
 - Pecorino di Abruzzo, a type of sheep's milk cheese.
 - o Trebbiano d'Abruzzo, a white wine from the Abruzzo region.
- **Getting around:** Lanciano is a small town and is easy to get around on foot. There are also a number of buses and taxis that can be used to get around the town.
- When to go: Lanciano is a good place to visit year-round. The summer months are hot and humid, but the spring and fall months are pleasant.

I hope this helps you plan your trip to Lanciano!